

## Appendix 3 – Reflection on Educational Activities

There is one learning toolkit approved for use in the MAP education criterion, namely the Essential Knowledge Update & Essential Knowledge Challenge.

Associate Members of the RCGP are able to access this tool without charge. Details of Associate Membership are sent to all candidates following approval of their application for MAP.

The tool is accessed through the online learning environment on the RCGP website: <http://elearning.rcgp.org.uk/>. You will need to login at the top right hand corner of the screen - enter the email address you provided on your MAP application form, and the password that is sent to you in your Associate Member Welcome Pack.

**RCGP Learning**  
Essential CPD for primary care

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**Managing uncertainty in lower gastrointestinal tract presentations**

0.5 CPD Hours

In partnership with **ThermoFisher SCIENTIFIC**

**Welcome to RCGP Learning**

The RCGP's eLearning website containing courses and updates for general practice.

**RCGP ACCREDITED**

Clinical Content

Non Clinical Content

Essential Knowledge Updates & Challenges

# Essential Knowledge Update & Essential Knowledge Challenge (EKU & EKC)

Log in and click on the box entitled 'Essential Knowledge Updates & Challenges'.



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Course categories:

Essential Knowledge Updates and Challenges

## Essential Knowledge Updates & Challenges

Welcome to the Essential Knowledge Update Programme



Six monthly focused **Essential Knowledge Updates** on new and changing knowledge central to everyday practice.

**Essential Knowledge Challenge**, an online applied knowledge test that help users to assess their existing knowledge and highlight their learning needs.

*The RCGP would like to reassure you that individual user results/scores from any of our on-line courses are NOT shared with anyone. They are accessed only by administrators within the RCGP EKU Programme Team in order to generate (anonymous) benchmarking data.*

### Meet the Essential Knowledge Update and Challenge Team



Please click the image to the left to download a copy of the **EKU Programme RCGP Annual Conference Session 2016** presentation.

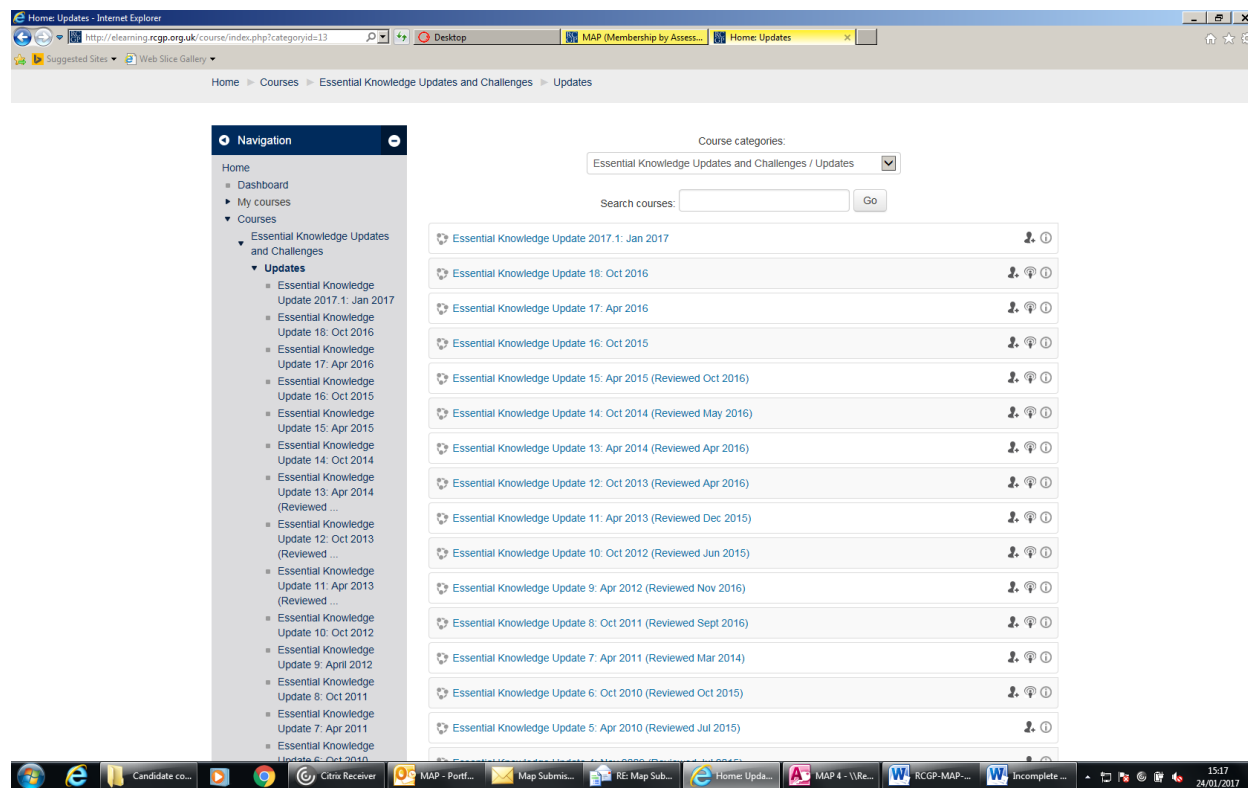


In October 2014 the Essential Knowledge Update and Challenge Programme won the **Gold Award for Best eLearning Project** (third sector) at the eLearning Awards. Please click the image to the left to find out more.

[Updates & Challenges by Clinical Content](#)

[Updates & Challenges by Non-Clinical Content](#)

You should then select Essential Knowledge Updates and Challenges/updates from the drop down box just below 'Course categories'. This will lead you to the screen below.



You must select the most recent update at the top of the list. Clicking on this will lead you to the page where you can access the major topics, journal watch and hot topics.

It is recommended that you review all items within the Update, including major topics, journal watch and hot topics, before you undertake the associated Challenge.

Each of the 'Major topic' has a 'Self Assessment' attached to it. You are not required to submit the self assessments from this section, but these may assist your learning.

When you have reviewed the entire update, you will need to select the Challenge associated with the update you have completed, from the course categories as illustrated above, then complete the multiple choice test. You do not need to complete this in one session – you can save your answers for some of the Challenge and return to it at a later date (by clicking on the 'Save without submitting' button at the bottom of each page. If you have completed the test, you will need to click on the 'Submit all and finish' button at the bottom of the final page.

You will need to submit one EKC certificate (i.e. evidence that you took the EKC) as a separate attachment to your email when you submit.

If you have any questions or require assistance with ECU/EKC, please email [eku@rcgp.org.uk](mailto:eku@rcgp.org.uk), or call 020 3188 7607.