

# A Compassionate Bereavement Response

A few minutes to share kindness

Taking a moment to stop and listen can make a difference

## 1 Acknowledge

[Person's name], I am sorry to hear...

## 2 Ask

**About current support**

- How are you getting on?
- Who else close to you is affected by this bereavement?
- What other support would help you?

## 3 Advise

**On support options**

- It's natural/ OK to want and ask for support.
- People can find support from different people & places.
- Encourage: Reach out to friends & family, if you can.
- Explore support in your wider community.
- If you want more support, please ask and it's OK to come back – at any point.

## 4 Act

**On the person's reponse and record bereavement**

- Show kindness.
- Signpost to information about support (practice bereavement leaflet, support details etc)
- Seek guidance from senior colleague if you have concerns.

# Very Brief Advice: A Compassionate Bereavement Response

A few minutes to share kindness

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Taking a moment to stop and listen can make a difference  
**RESPOND with COMPASSION**

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## 1 Acknowledge

[Person's name], I am sorry to hear...

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## 2 Ask ABOUT CURRENT SUPPORT

- How are you getting on?
  - Who else close to you is affected by this bereavement?
  - What other support would help you?
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## 3 Advise ON SUPPORT OPTIONS

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  - People can find support from different people & places.
  - Encourage: Reach out to friends & family, if you can.
  - Explore support in your wider community.
  - If you want more support, please ask and it's OK to come back – at any point.
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## 4 Act ON THE PERSON'S RESPONSE AND RECORD BEREAVEMENT

- Show kindness.
- Signpost to information about support (practice bereavement leaflet, support details etc)
- Seek guidance from senior colleague if you have concerns.