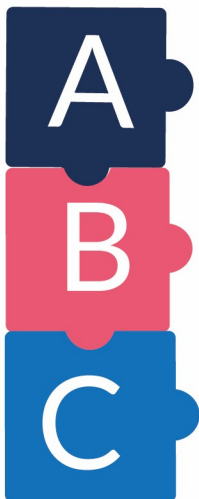


Looking for support after the loss of someone close?



Your practice is here to support you



Approach your GP practice team

Be open about how you are feeling

Come and see us again if you need us



Cruse Bereavement Support

Local services can be found on their website

www.crusescotland.org.uk
0808 802 6161

NHS

Grief after bereavement or loss.

Visit NHS.uk

