

A Compassionate Bereavement Response

A few minutes to share kindness

Taking a moment to stop and listen can make a difference

1 Acknowledge

[Person's name], I am sorry to hear...

2 Ask

About current support

- How are you getting on?
- Who else close to you is affected by this bereavement?
- What other support would help you?

3 Advise

On support options

- It's natural/ OK to want and ask for support.
- People can find support from different people & places.
- Encourage: Reach out to friends & family, if you can.
- Explore support in your wider community.
- If you want more support, please ask and it's OK to come back – at any point.

4 Act

On the person's reponse and record bereavement

- Show kindness.
- Signpost to information about support (practice bereavement leaflet, support details etc)
- Seek guidance from senior colleague if you have concerns.

Very Brief Advice: A Compassionate Bereavement Response

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RESPOND with COMPASSION

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2 Ask ABOUT CURRENT SUPPORT

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4 Act ON THE PERSON'S RESPONSE AND RECORD BEREAVEMENT

- Show kindness.
- Signpost to information about support (practice bereavement leaflet, support details etc)
- Seek guidance from senior colleague if you have concerns.