

Audits as an antimicrobial stewardship tool

TARGET Antibiotic Toolkit 2023



Introductions



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Antimicrobial Pharmacist,
NHS Betsi Cadwaladr
University Health Board,
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Introductions – TARGET and RCGP



Dr Donna Lecky



Cath Hayes



Emily Cooper



Eirwen Sides



Fionna Pursey



Julie Brooke



Liam Clayton



Camilla Stevenson



Dr Dharini Shanmugabavan



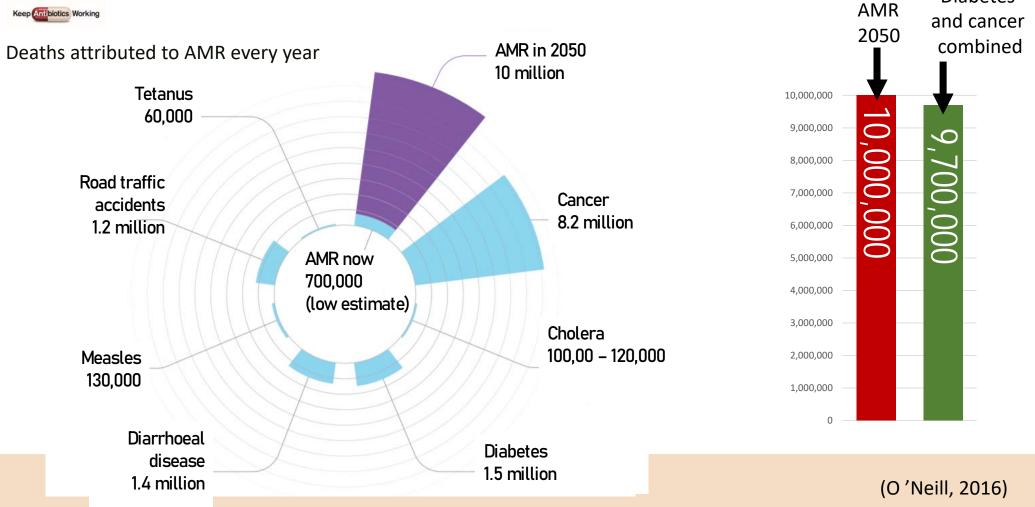
Topics to cover

- 1. Background and context
- 2. Why use audit and feedback?
- 3. Prescribing data sources
- 4. Available audit tools
- 5. Practical tips
- 6. Case study: How a practice improved UTI management by using audits and other tools



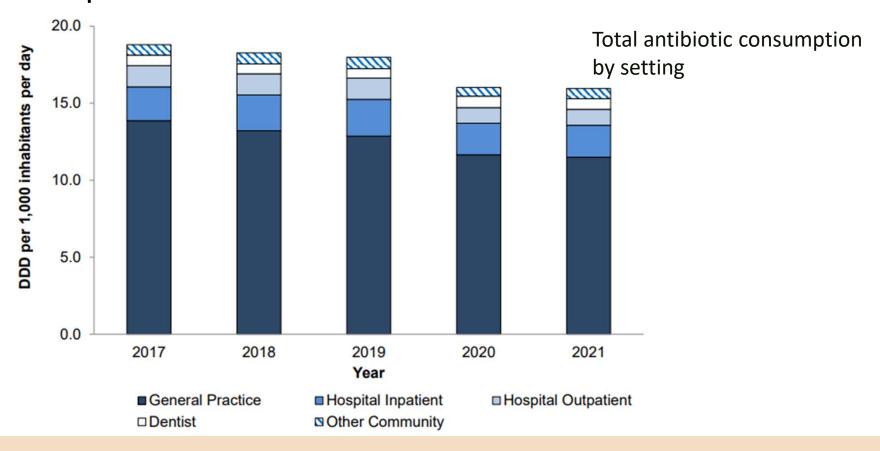
Antimicrobial resistance a major issue

Diabetes





Majority of antibiotics are prescribed in general practice





Why audit antibiotic prescribing?

- 1. Evaluate, support and promote good prescribing practices
- 2. Improve the quality of prescriptions
- 3. Improve prescribing safety in general practice



Why use audit and feedback?

- 1. Identify areas for improvement and areas to celebrate
- 2. Personal development & reflection on own antibiotic prescribing
- 3. Practice-wide reflection on antibiotic prescribing
- 4. Problem solving
- 5. Action to support positive change



Optimise prescribing & reduce AMR



Audit and feedback cycle for positive change



May 2023 (Hughes, 2012) 9



Audit and feedback: effectiveness

Cochrane Database of Systematic Reviews Review - Intervention

Audit and feedback: effects on professional practice and healthcare outcomes

Noah Ivers, Gro Jamtvedt, Signe Flottorp, Jane M Young, Jan Odgaard-Jensen, Simon D French, Mary Ann O'Brien, Marit Johansen, Jeremy Grimshaw, Andrew D Oxman Authors' declarations of interest

Version published: 13 June 2012 Version history

https://doi.org/10.1002/14651858.CD000259.pub3 @

- Cochrane Review of randomised controlled trials
- Audit and feedback increases healthcare professional compliance with desired practice

Feedback may be more effective when:

- Baseline performance is low
- The source is a supervisor or colleague
- Provided more than once
- Delivered in both verbal and written formats
- It includes explicit targets & an action plan

May 2023 (Ivers et al. 2012)



Audit and feedback can reduce antibiotic prescribing

Baseline

Randomised controlled trial

Control group

8.3 -0.4 7.9

Follow-up

Audit & feedback intervention group

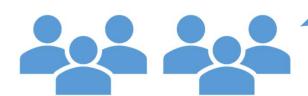


(Antibiotic items per 100 NHS treatment claims)



Audit and feedback thought to increase engagement & help achieve antibiotic targets

 Workshop with AMS leads within Clinical Commissioning Groups (CCGs)



Audits help increase engagement between GP practices and commissioning groups to achieve Quality Premium antibiotic targets



What data can be used to look at prescribing?

PrescQIPP

OpenPrescribing

Fingertips

ePACT/ePACT2



https://www.prescqipp.info/ourresources/webkits/antimicrobial-stewardship/

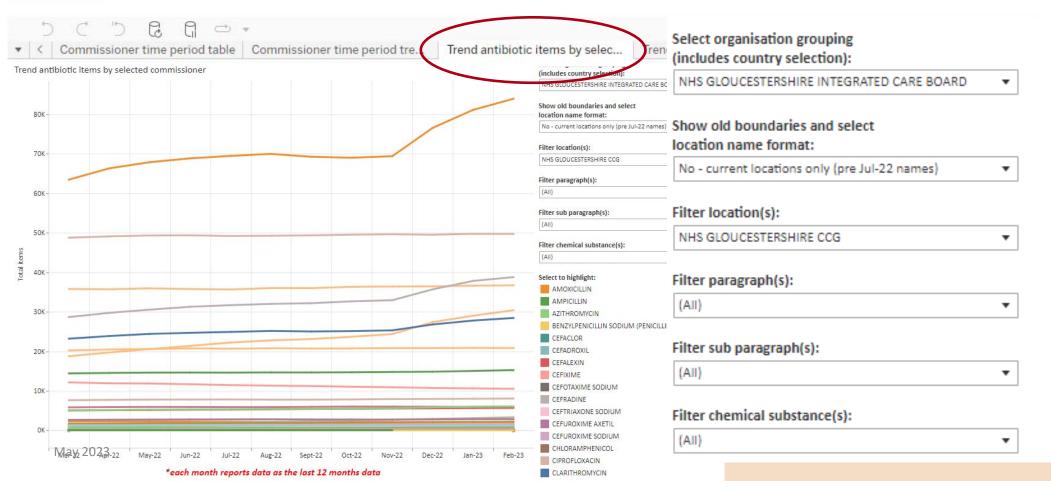


Home > Our resources > Webkits > Antimicrobial stewardship > AMS Visual Analytics to support NHS antimicrobial stewardship improvement 2022/23

AMS Visual Analytics to support NHS antimicrobial stewardship improvement 2022/23



PrescQIPP: Accessing prescribing data Gloucestershire ICB (Mar 2022 – Feb 2023)





OpenPrescribing

openprescribing.net/

- Open access
- Drug prescribing
- Monthly prescribing alerts

Explore England's prescribing data

Every month, the NHS in England publishes anonymised data about the drugs prescribed by GPs. But the raw data files are large and unwieldy, with more than 700 million rows. We're making it easier for GPs, managers and everyone to explore - supporting safer, more efficient prescribing.

How to cite: If you use our data or graphs, please cite as *OpenPrescribing.net*, *Bennett Institute for Applied Data Science*, *University of Oxford*, 2022 so that others can find us and use our tools.

Explore the data

Look at your Sub-ICB Location

We've identified standard prescribing measures, and created dashboards for every ICB, Sub-ICB Location, and practice in the country.

Find a Sub-ICB Location »

Run your own analyses

If you have a burning question about the prescribing data, use our flexible query form to get the data you need, quickly and easily.

Start analysing »

Look at your GP practice

We've identified standard prescribing measures, and created dashboards for every GP practice in the country.

Find a practice »

Spot national trends

See how national prescribing trends have changed since 2010, for any drug or BNF section that interests you.

Find a drug »



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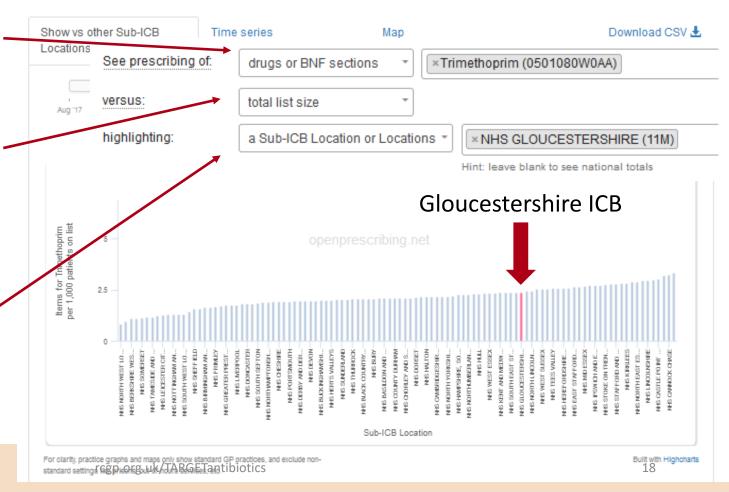
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Find a drug »



OpenPrescribing: Run your own analysis

- 1. Choose prescribing drug
- 2. Compare against
 - Nothing
 - Drugs or BNF sections
 - Total list size
 - STAR-PUs for antibiotics
- 3. Highlight
 - Practice(s)
 - Sub-ICB location(s)
 - PCN(s)
 - ICB(s)
 - Region





Fingertips | Public health data

fingertips.phe.org.uk/



- Browse indicators at different geographical levels
- Benchmark against the regional or England average
- Export data to use locally



Fingertips | Public health data

Guidance API Contact us Your data *

Q Search for indicators

Public health profiles

Fingertips is a large public health data collection. Data is organised into themed profiles. Start by choosing a profile from the list.

Highlighted profiles

Cardiovascular Disease, Diabetes and Kidney

Child and Maternal Health

Mental Health, Dementia and Neurology

National General Practice Profiles

Productive Healthy Ageing Profile

Public Health Outcomes Framework

National public health profiles

AMR local indicators - produced by the UKHSA

attac of Variation

Cancer Services

Cardiovascular Disease, Diabetes and Kidney

Child and Maternal Health

Health Protection

Inequality Tools

Inhale - INteractive Health Atlas of Lung

conditions in England

Learning Disability Profiles

Liver Disease Profiles

Local Alcohol Profiles for England

Local Authority Health Profiles

Local Hoalth - Small Area Bublic Hoalth Data

Mental Health, Dementia and Neurology

Modelled Prevalence Estimates

Mortality Profile

Musculoskeletal Conditions

National General Practice Profiles

NHS Health Check

Obesity Profile

Palliative and End of Life Care Profiles

Physical Activity

Productive Healthy Ageing Profile

Public Health Dashboard

Public Health Outcomes Framework

Sexual and Reproductive Health Profiles

TB Strategy Monitoring Indicators

Latest news

October 2022

STI and HIV indicators in the <u>Sexual and</u> <u>Reproductive Health Profiles</u> updated, including new and modified indicators

September 2022

ONS 2021 population estimates are delayed to enable their alignment with Census results. This delay will have an impact on the publication of indicators which use populations either directly or in their denominators (compare Impact of Census 2021)

June 2022

Integrated Care Boards (ICBs): new geography type added to <u>GP profiles</u>

March 2022

Child and Maternal Health updated

February 2022

PHOF: quarterly update published

December 2021

HIV indicators updated in time for 1st Dec, World AIDS day

Cancer Services: annual update released

Your data ▼

Home > Profile home

AMR local indicators - produced by the UKHSA

About the AMR local indicators

Data have been uploaded across six domains: The AMR local indicators are produced by the UKHSA.

- · Supporting NHS England Initiatives
- · Antimicrobial Resistance (AMR)
- Antibiotic Prescribing
- Healthcare-Associated Infections (HCAI)
- · Infection Prevention and Control (IPC)
- Antimicrobial stewardship (AMS)

Antibiotic prescribing and antibiotic resistance are inextricably linked, as overuse and incorrect use of antibiotics are major drivers of resistance. AMR local indicators are publically available data intended to raise awareness of antibiotic prescribing, AMR, HCAI, IPC and AMS; and to facilitate the development of local action plans. The data published in this tool may be used by healthcare staff, commissioners, directors of public health, academics and the public to compare the situation in their local area to the national picture.

For further information about this profile, please click here to download the user guide.

Updated indicators

September 2022 - The following indicators have been updated in the Profile AMR Local Indicators:

Topic: Healthcare Associated Infections Area: Acute Trusts, CCGs (from April 2021) updated for up to July 2022

Topic: Antimicrobial Resistance Area type: CCGs upto Q2 2022

E. coli, blood, testing, carbapenem, quarterly, percentage

E. coli, blood, testing, 3rd generation cephalosporin, quarterly, percentage



Recent updates

July 2022

Surveillance of surgical site infections in NHS hospitals in England annual report for 2020 to 2021 Surgical site infections (SSI) surveillance: NHS hospitals in England - GOV.UK (www.gov.uk)

May 2022

The first 18 months of carbapenemaseproducing Gram-negative bacteria notification data has been published and available from:

https://www.gov.uk/government/publications/carbapenemase-producing-gram-negative-bacteria-laboratory-surveillance

January 2022

Paper on (Increased mortality in COVID-19 patients with fungal co- and secondary infections admitted to intensive care or high dependency units in NHS hospitals in England) Increased mortality in COVID-19 patients with fungal co- and secondary

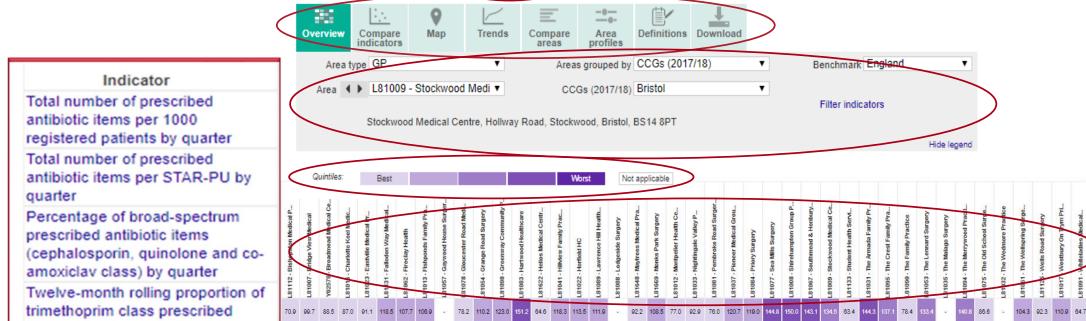
antibiotic items as a ratio of

Home > Introduction > Data Technical Guidance Contact Us Your data ▼

Indicator keywords

AMR local indicators

Antimicrobial Antibiotic Health Care Supporting Infection Antimicrobial All Trust All Clinical NHS England Resistance Prescribing Associated Prevention and Stewardship Commissioning Initiatives Infection Control Group



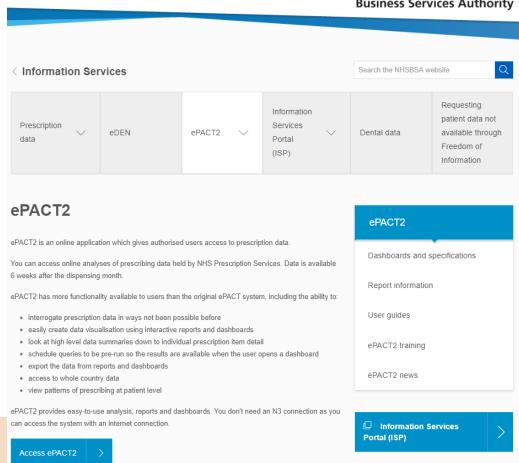
| trimethoprim to nitrofurantoin | | | | | | 1 | | | | | | | - | | | | | | | | | | 15. | | | | | 1 | | | | | | | 10 | | 7 | 1000000 | | | | | | | | | | |
|---|-------------|----|------|-------|----------|--------|------|------|------|------|------|------|------|------|------|------|------|--------|--------|--------|--------|--------|-------|-------|--------|------|--------|---------|------|------|------|-------|------|------|------|------|------|---------|-------|------|------|------|------|-------|--------|--------|--------|-----|
| | | | | | | | | 7.25 | 9.86 | 5.45 | 7.00 | 8.64 | 9.85 | 6.49 | 7.79 | 2 | 8.58 | 9.65 | 8.65 | 89 4 | 64 74 | 79 6 | 96 8 | 53 | - 7 | 9 13 | 41 9.1 | 0 9.27 | 7.13 | 6.70 | 7.70 | 10.71 | 7.94 | 6.14 | 9.29 | 7.21 | 9.44 | 8.40 | 10.29 | 7.21 | | 8.20 | 7.20 | 12 85 | 7.02 6 | 3.24 8 | 8.06 8 | 19 |
| (cephalosporin, quinolone and co- amoxiclav class) by quarter | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Twelve-month rolling proportion of trimethoprim class prescribed antibiotic items as a ratio of trimethoprim to nitrofurantoin | Mar 2019 | 4⊳ | 31.2 | 31.3* | 36.5 36. | 1 24.9 | 30.4 | 27.7 | 28.4 | 21.6 | 28.7 | 44.1 | 32.9 | 31.2 | 37.1 | 21.8 | 19.5 | 32.0 2 | 25.1 2 | 8.0 30 | 0.3 34 | 1.4 34 | 4.2 3 | 1.1 4 | 9.4 28 | 9 33 | .9 27. | .8 37.3 | 28.2 | 32.9 | 38.7 | 29.3 | 34.5 | 28.9 | 37.2 | 13.0 | 37.0 | 31.6 | 34.0 | 32.8 | 26.7 | 41.2 | 31.9 | 51.3 | 36.7 3 | 33.5 | 34.6 2 | 0.5 |



ePACT2 <u>www.nhsbsa.nhs.uk/access-our-</u>data-products/epact2

NHS
Business Services Authority

- Registration with ePACT2
- Dashboards
- Prescribing reports
- Customised for your GP/ICB





ePACT2 <u>www.nhsbsa.nhs.uk/access-our-data-products/epact2</u>

Clinical Dashboards

Alerts Dashboard

Antimicrobial Stewardship

Antimicrobial Stewardship - Children

Antimicrobial Stewardship - RightCare UTI Focus Pack

Diabetes Prescribing Comparators

Medication Safety Indicators

Mental Health Prescribing Comparators

Opioid Prescribing Comparators

Polypharmacy Prescribing Comparators

Respiratory

Safer Management of Controlled Drugs

Valproate Prescribing in Female Patients Under 55



Items

ePACT2 <u>www.nhsbsa.nhs.uk/access-our-</u>data-products/epact2

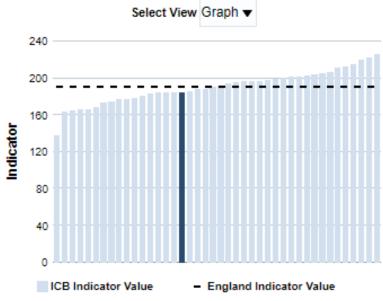
Number of Nitrofurantoin items prescribed to patients aged 70 years plus, per 1,000 patient list size aged 70 years plus
12 months to 202207 - NHS BATH AND NORTH EAST SOMERSET, SWINDON AND WILTSHIRE INTEGRATED CARE BOARD compared to
all ICBs

191 Items

ENGLAND

184 Items

NHS BATH AND NORTH EAST SOMERSET, SWINDON AND WILTSHIRE INTEGRATED CARE BOARD



May 2023 24



TARGET audit templates rcgp.org.uk/TARGETantibiotics

- Audits adherence to NICE antimicrobial prescribing guidelines
- MS Word and Excel
- Includes step-by-step instructions
- Calculates % adherence to guidelines
- Summary report
- Performance reflection questions
- Allows to track performance



May 2023 rcgp.org.u



TARGET audit templates

RTI audits

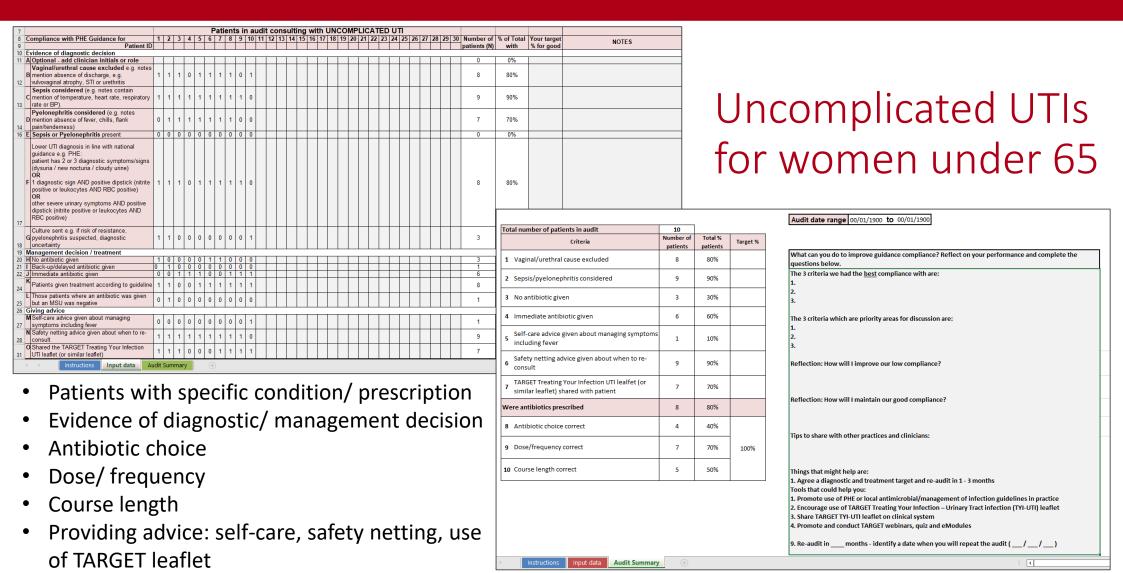
- Acute cough
- Acute otitis media
- Acute rhinosinusitis

UTI audits

- UTI non-catheterised patients over 65
- Uncomplicated UTI for women under 65
- UTI for catheterised patients

Antibiotic specific

'4Cs' broad-spectrum antibiotics







Tailoring your approach to suit your practice: practical tips & ideas

- Identify an audit lead
- Incorporate as part of standard practice e.g. once every year/ quarter/ month
- Audit and reflect on your own prescribing and/or the practice as a whole.
- Coding of infections:
 - Inconsistency can impact data accuracy, search for specific antibiotics
 - Improving coding will make audits easier



Tailoring your approach to suit your practice: practical tips & ideas

Interpret & feedback results

- Consider factors that might impact results e.g. data availability, seasonal variation, population demographics
- Feedback: clear, visual, use strategies including verbal, paper, electronic
- Compare results against targets
- Use practice meetings to present results, engage & develop an action plan





Tailoring your approach to suit your practice: practical tips & ideas

• Develop action plan tailored to specific roles, with timelines

Whole practice approach

TARGET Toolkit has resources to help implement action plan

Re-audit regularly to monitor progress & change



Case study: How a practice improved UTI management by using audits & other tools



Dr Linda Strettle, GP, The Village Surgery, Rotherham

May 2023 (RCGP, 2021) 31



UTI audit case study: The issue

• In 2020, 20-30 urine samples per day dropped to reception by patients, with incomplete forms

Further treatment prompted by urine dipstick result

Inefficient & risk for patient safety





UTI audit case study: Championing change

Needed evidence and guidance to engage the practice team

TARGET AMS workshop & UTI resource suite

 Carried out TARGET UTI over 65s patient audit to assess practice diagnosis & management against national guidelines





UTI audit case study: Whole practice approach

Audit showed that:

- Urine dipstick results were driving diagnosis & treatment of UTIs in over 65s: not recommended in guidance
- Above national average on trimethoprim prescribing compared to nitrofurantoin
- Issuing longer courses of antibiotics than recommended by NICE



TARGET

UTI audit case study: Whole practice approach

- Presented audit evidence to engage whole practice:
 - Receptionists, nurses, GPs & management
 - Tailored level of information depending on role
- Delivered focused adapted TARGET AMS workshop to all clinicians



UTI audit case study: Whole practice approach

- Receptionists: Developed simple protocols & process flowcharts for reception staff to encourage 'consultation first' rather than 'dipstick first'
- Clinicians: Developed UTI diagnostic flowcharts, distributed to all consultation rooms
- Patients: If receptionists received challenges from patients about change of policy, reached out to patient directly to explain reasons
- Gathered feedback from staff throughout process





UTI audit case study: Outcomes 2020 vs 2021 TARGET (post-policy change)

- Urine sample 'drop offs' dropped from **20-30 unsolicited samples** pre-policy change to 5 clinician-requested samples per day
- Less total antibiotic prescriptions for UTIs post- vs pre-policy change for similar time period
- Clearer documentation of rationale for UTI diagnosis
- More documented safety-netting & discussions with patients regarding risks of antibiotics & AMR



UTI audit case study: Outcomes 2020 vs 2021 (post-policy change)

Positive changes for staff:

- Reception staff felt empowered, had support of whole team
- Nursing staff spent less time processing samples
- Clinician workload shifted from managing urine sample results to consultations to assess patients in line with national guidance



Case study: key points

 Use TARGET audit templates & other TARGET Toolkit resources to support positive change

- Whole practice approach
- Problem solving
- Part of a wider action plan



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Erica Elsden Lead medicines optimisation pharmacist

Busola Daramola Chief pharmacist

Clara Tam Antimicrobial pharmacist

Dr Harry Ahmed General practitioner

Dr Linda Strettle General practitioner

Camilla Stevenson Project manager at RCGP

Dr Dharini Shanmugabavan Medical director at RCGP