

TARGET Urinary Tract Infection (UTI) Leaflet for all adults A step-by-step guide on how to manage your infection User Guide

This leaflet has been designed for use in the primary care setting, including general practice, community pharmacy and for use by carers and in care homes. It is suitable for consultations to facilitate dialogue between a patient or their carer and their healthcare professional on specific topics related to managing their UTI.

What are the aims of the *Urinary Tract Infection* leaflet?

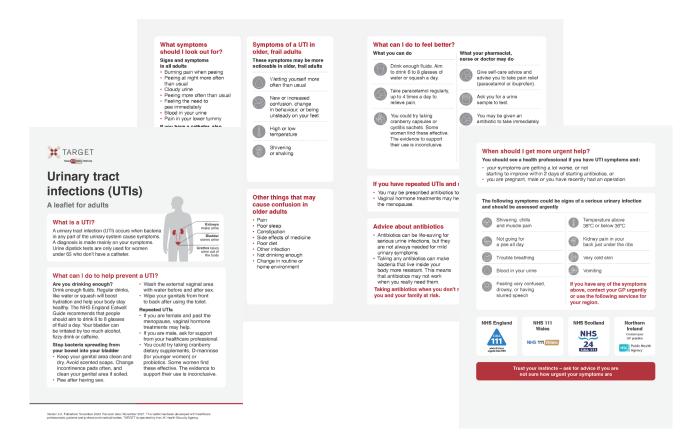
The leaflet aims to give easy and accessible information to patients, in line with NICE guidance on:

- Possible signs and symptoms of a UTI
- How people can self-care
- Explicit advice on when to seek medical help
- Appropriate antibiotic use and the side effects of antibiotic

Overview of the leaflet

The leaflet follows behavioural steps which help the reader to make decisions on how to manage their own infection. The behavioural steps are:

- 1. What is a UTI?
- 2. What can you do to help prevent a UTI?
- 3. What symptoms should I look out for?
- 4. What can I do to feel better?
- 5. Advice about antibiotics
- 6. When should I get more urgent help?



Why create the Urinary Tract Infection leaflet?

Patient satisfaction is more related to having a careful examination and having concerns identified and addressed than to receiving a prescription for antibiotics. This provides a great opportunity to share information with patients and reassure them. We know how busy prescribers are, and how important it is to use precious consultation time efficiently. Therefore, we have developed a leaflet to share with adults and their relatives or carers when they have urinary symptoms or with those who may be at risk of future UTIs.

Accessibility

This leaflet has been awarded with a Crystal Mark for use of plain English. The Crystal Mark is a seal of approval for the clarity of a document from the <u>Plain English Campaign</u>.



The HTML webpage versions of the leaflet complies with Web Content Accessibility Guidelines (WCAG) 2.2 to ensure that the content can be accessed by a wider range of people with disabilities, including those with vision, hearing, speech and movement deficiencies, photosensitivity, learning disabilities and cognitive limitations, and combinations of these. These guidelines apply to the leaflet accessed via desktops, laptops, tablets, and mobile devices.

We are happy to receive feedback about how you have used this leaflet and any constructive comments on how it can be improved. Please contact the TARGET team via email at TARGETantibiotics@ukhsa.gov.uk.