<u>Patient support groups, personal experience videos and support programmes for skin conditions</u>

i. For those suffering from skin cancer

- Melanoma UK provides support and guidance for those affected by melanoma skin cancer, including a support phone line
- Melanoma Action and Support Scotland provides support and advice for those affected by melanoma and non-melanoma skin cancer, including a support phone line
- <u>Macmillan Support for Melanoma</u> and <u>non-melanoma skin cancer</u> includes downloadable information and a free support phoneline

ii. For those suffering from Eczema

- The National Eczema Society has booklets and factsheets to download and patients can obtain support through the Helpline 0800 089 1122 or by email: helpline@eczema.org
- The Nottingham Support group for carers of Children with eczema has online learning and downloadable information for families affected by eczema and allergies.
- <u>Eczema Outreach Support (EOS)</u> is a national organisation which offers practical and emotional support for children with eczema and their families.

iii. For those suffering from Psoriasis

- The Psoriasis Association provides support and advice including On-line patient forums where sufferers of psoriasis and psoriatic arthritis can share their experiences.
- <u>Psoriasis and Psoriatic Arthritis Alliance (PAPAA)</u> offers online support and advice as well as through their <u>Helpline</u> Tel: 01923 672837 or by e-mail: <u>info@papaa.org</u>

iv. For those suffering from Acne

 <u>Acne Support</u> offers online information about acne causes, treatments, and emotional support.

v. For those suffering from other skin conditions

- The British Association of Dermatologists has a comprehensive list of Public/patient support groups for those suffering with skin conditions
- Skin support patient support groups provides an A-Z list of national and local patient support groups for people with skin diseases
- vi. <u>Patient experience videos (acne, alopecia, eczema and psoriasis)</u> provides free online personal experience stories of patients suffering with acne, alopecia, eczema and psoriasis.
- vii. Patient support programmes (for acne, hair loss, rosacea, psoriasis, dry skin, eczema and wound care) provide weekly e-mail support and online forums