

Patient information on how to use TOPICAL skin treatments

- i. **Factsheets for Emollients (Moisturisers)**
 - [National Eczema Society](#)
 - [Nottingham Support Group for Carers of children with eczema](#)

- ii. **Factsheets for Topical Corticosteroids**
 - [National Eczema Society](#)
 - [Nottingham Support Group for Carers of children with eczema](#)
 - [British Association of Dermatologists](#)

- iii. **Factsheets for application of topical treatments to treat pre-cancerous and cancerous skin conditions**
 - [5-fluorouracil \(Efudix/Actikerall\)](#) (**British Association of Dermatologists**) and [Dermnetz](#)
 - [Imiquimod \(Aldara/Zyclara\)](#) (**British Association of Dermatologists**) and [Dermnetz](#)

- iv. **Videos**
 - **The [British Association of Dermatologists](#) has informative videos on:**
 - How to apply moisturisers (emollients)
 - How to apply Topical Corticosteroids
 - How to treat Scalp psoriasis
 - **Videos on eczema treatments in children including how to apply topical steroids and emollients (moisturisers)**
 - [Itchysneezywheezy Eczema Videos](#) 13 short videos on eczema in children including topical emollients, bathing, topical steroids and children's experiences of eczema.
 - [Birmingham Children's Hospital](#) video on bathing, emollient and topical steroid application in children.
 - [Sheffield Children's hospital](#) video on emollients and how they should be applied in children.