6 Thinking Hats Table

Use the following table to consider an idea/change from different perspectives. [NHS England and NHS Improvement has more information on 6 Thinking Hats](https://webarchive.nationalarchives.gov.uk/20180501162135/https:/improvement.nhs.uk/documents/2167/six-thinking-hats.pdf).

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| **1. BENEFITS, OPTIMISM**  Six-thinking-hats-02.png | What benefits could it bring? (List all the benefits) |  |
| **2. DOWNSIDES, RISKS**  Six-thinking-hats-02.png | What could go wrong? What are the barriers or downsides? |  |

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| **3. DATA**  Six-thinking-hats-02.png | What evidence/data do we have/need that will help us? |  |
| **4. FEELINGS, GUT INSTINCT**  Six-thinking-hats-02.png | How do we feel about the idea? What is your gut feeling? |  |

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| **5. IDEAS**  Six-thinking-hats-02.png | Is there a different way of looking at this? How could the idea be further developed? |  |

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| **6. DIRECTION, BIG PICTURE**  Six-thinking-hats-02.png | What will we do? What are the steps to implement this? |  |