

# Active Practice Charter Evaluation Form

# Form 1: demographics and delivery

Please complete all sections of this form in as much detail as you can provide.

*The practice profiles on the Department of Health and Social Care (DHSC) website may be able to guide you:* [*http://fingertips.phe.org.uk/profile/general-practice*](http://fingertips.phe.org.uk/profile/general-practice)

1. What is the estimated list size of your practice?

2. How many staff work within your practice? Please state approx. number of clinical staff, non-clinical staff and administrative staff)

3. What is the Index of Multiple Deprivation for the practice area (see link DHSC website above)?

4. What measures or actions are being taken to promote physical activity and reduce sedentary behaviour among staff? Please give as much detail as you can.

5. How many staff do you think regularly engage in physical activity (30 minutes 5 days a week)?

6. What measures or actions are being taken to promote physical activity and reduce sedentary behaviour among patients? Please give as much detail as you can.

7. Which staff members are responsible for planning and implementing these measures?

8. What third-party physical activity provides are you currently affiliated with (or in the process of affiliating with)? Examples may include parkrun, RunTalkRun, community walking group.